

# ABSTRACT

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<b>Title:</b>	Survey of Pregnant Women's Awareness of Spontaneous Delivery with Epidural Analgesia
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This bachelor thesis deals with the topic of pregnant women's awareness regarding the use of epidural analgesia as one of the most effective methods of pain relief during spontaneous labour. The main objective of the bachelor thesis is to determine whether mothers express interest in spontaneous delivery with epidural analgesia or not. The thesis is divided into a theoretical part and an empirical part.

The theoretical part of the thesis focuses on physiological pregnancy, changes related to pregnancy, spontaneous delivery, and the issue of uterine contractions. It further defines pain itself and describes labour pain. The conclusion of the theoretical part is devoted to both pharmacological and non-pharmacological approaches to managing labour pain, including epidural analgesia.

The empirical part of the bachelor thesis involves a quantitative research investigation conducted in gynecological outpatient care centres. The research utilized a non-standardized questionnaire to collect information about epidural analgesia from pregnant women. The research sample consisted of 71 pregnant women with experience of spontaneous delivery.