

Abstract

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Thesis title:	Assessment of tolerance and acceptance of sipping in geriatric patients
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Number of pages:	74
Number of attachments:	7
Year of defense:	2024
Keywords:	sipping, geriatric patient, taste, tolerance, eating disorders, nutritional status

The bachelor thesis investigates taste tolerance and acceptance of sipping nutrition in geriatric patients. The thesis consists of theoretical and practical parts. The theoretical part deals with nutrition, nutritional supplements, eating disorders in old age and the assessment of nutritional status by the attending medical staff.

In the practical part, the responses of the interviewees are recorded, where patients were interviewed and answered about their personal experiences and feelings with specific nutritional supplements. Along with the patients' responses, we also collected the answers from the questionnaire survey for the nursing staff, which covered the specific amount and objective manifestations of the patients during the research.

The practical part was carried out by means of three types of anonymous questionnaire surveys, with two received by the patient, one at the end of each research week and one final questionnaire at the end of the entire five-week research. The last questionnaire was given to the attending medical staff to record the objective data. Five sub-objectives were set and were met.