

**Charles University**  
**Faculty of Physical Education and Sport**

**Opinion of the opponent of the bachelor's thesis**  
**Sport Sciences-Biomedical Dept.**

Student:	<b>Angelos N. Tachtatzis</b>
Theme:	<b>A two-month training program for U9-U12 basketball players focused on skills and abilities development</b>
Goal of work:	To provide a grounded scientificaly and methodologically basketball trainig program for U9-U12 children
Supervisor:	Mgr. Zuzana Dragounová, Ph.D.
Opponent:	PhDr. Pavel Hráský, Ph.D.

Thesis structure	
Pages of the text:	91
Number of literature resources:	20
Tables, graphs, pictures:	3, 0, 1

General criteria	Value level			
	1	2	3	4
<b>Theoretical knowledge</b>		x		
<b>Practical experiences</b>		x		
<b>Background materials (input data) and their processing</b>		x	x	

Thesis evaluation criteria	Rating			
	1	2	3	4
Degree of fulfillment of the goal of the work		x		
Logical construction work		x		
Work with foreign literature, including citations			x	
Adequacy of methods used		x	x	
Depth of analysis performed		x		
Degree of feasibility of the solution			x	
Formal editing of work (text, graphs, tables)		x	x	
Stylistic level		x	x	
Thesis requirements for base materials, consultations, surveys			x	

Usability of ideas, suggestions and recommendations to solve the problem		x		
Content and relevance of annexes in the text or annex. parts of BT (tables, graphs, calculations, etc.)		x		
<p><b>Conclusion:</b></p> <p><b>Thesis is recommended to defense.</b></p>				

**The thesis was checked for plagiarism and the result is that it is original.**

**Questions for the defense:**

1. Provide some relevant studies for describe the periodization in basketball training.
2. What effect ontogenesis has in similarly focused studies applied to children in this age?
3. What is the most important “message” from your study?

**Comments on the bachelor thesis**

I evaluate the choice of the topic of the bc. thesis positively. The mentioned issues of training in this categories of players are very current and are discussed in detail in world literature. I find the idea to identify and determine the possibilities of a specific intervention program like a very interesting.

In terms of content, I criticize the work for its limited narrative value and the depth of the analysis, which is relatively one-sided and poorly interpreted. This topic is known worldwide and based on this I searched for specific literary sources. The issue in the research part of the work is also discussed very briefly, I lack a more detailed description.

The overall level of work is further disrupted by the presence of some formal inaccuracies in text, unsubstantiated statements and debatable sources of scientific information. Page numbering is not here too.

**Content errors:**

Poor and very little and sometimes no relevant citation support for the theoretical part 2.2, 2.3, 2.4.

Methodology part is not ideal for copy this thesis

Unrelated theoretical and practical part of the work

No risks of intervention in the population are mentioned

Poorly processed weak discussion part with the lack of all literature

**Formal errors:**

Work structure

Formal adjustment

Citation standard

In Prague: 17.6.2024

Hráský

Signature: