

Bachelor thesis supervisor's review

Author	Angelos Tachtatzis
Name	A two-month training program for U9-U12 basketball players focused on skills and abilities development
Vedoucí diplomové práce	Mgr. Zuzana Dragounová, Ph.D.
Oponent diplomové práce	PhDr. Pavel Hráský, Ph.D.

Thesis structure	
Pages of the text:	91
Number of literature resources:	20
Tables, graphs, pictures:	3 (tables), 1 (pictures)

Thesis evaluation criteria	Rating			
	1	2	3	4
Fulfillment of assignment requirements:		x		
Working with literature and citations:			x	
Formal elaboration – overall impression:		x		
Logical structuring of the thesis:	x			
Suitability of chosen methods:	x			
Theoretical part elaboration quality:		x		
Practical part elaboration quality:		x		
Results and their presentation:		x		
Conclusions and their formulation:		x		
Cooperation with the supervisor:	x			

Comments on the bachelor thesis:

The work is interesting and valuable in terms of basketball training of 9-12 age group. The structure of training units and eight weeks plan is well balanced. The training plan is correctly presented and meets the objectives of this thesis. Chapters on Model of Long Term Athlete Development, Stages of Basic Basketball Training and Periodization in basketball are well included.

The problematic part of the thesis is missing page numbering, unmarked direct citations and unstable terminology (for example: Warm Up, Warm up, warm-up and warmup).

Result of the plagiarism test:

The thesis was checked for plagiarism and the result is that practical part is original. However, the work contains passages describing models, concepts, tables and some exercises that logically match other text.

Questions for the defense:

1. It is important to include coordination in training for the age group 9-12 years. In which part of the training unit and what training methods (add examples) would you develop coordination in basketball players of this age?
2. In what areas and how do you recommend to educate 9-12 age group regarding other training areas (for example nutrition or hygien)?

In Prague

12.6.2024

Mgr. Zuzana Dragounová, Ph.D.