

## **Abstract**

The Diploma Thesis is divided into a theoretical and an empirical part. The theoretical part describes the self-care of social workers with an emphasis on the engagement of educators in social work. In the practical part, a qualitative analysis of the documents, i.e. the curricula of universities and higher professional schools, is performed through the content analysis. The aim is to describe how the educators prepare social workers to perform their professional practice in the context of professional self-care. The conclusions from the research can serve as a basis for identifying current forms of self-care education. The research findings can be useful for educators, professional organisations and associations which can change the content of education and make the concept of self-care relevant. The thesis reveals the themes that should be addressed in future research studies. The thesis also contributes to raising awareness of self-care and contributing to its justification in the professional field.