

ABSTRACT

The diploma thesis deals with the issue of children's adaptation in kindergarten, primarily from the perspective of parents and teachers. The aim of the thesis is to develop relevant theoretical frameworks and starting points regarding adaptation in preschool education and to reflect on the issue of adaptation through a case study of a kindergarten in an empirical investigation. In the conclusion, recommendations are formulated for the further development of the pedagogical work of the selected kindergarten aimed at supporting the adaptation processes of children who start attending preschool education.

The theoretical part first focuses on the definition of basic terms related to the course of the adaptation period and the socialization of the child in preschool age. It also deals with legislative documents on which the adaptation process is based. In the last part, the issues of communication, cooperation and psychosocial needs of the child are defined, which it is desirable to pay attention to specifically in this period. The research design in the empirical part is a case study of one kindergarten. The investigation focuses on the analysis of expectations, experiences and evaluation of the course and outcome of the adaptation period from the perspective of parents and teachers in the selected kindergarten. The key tool for data collection is a questionnaire survey among parents followed by semi-structured interviews with teachers and parents.

A research investigation found that among the key aspects that lead to a child's successful adaptation are parents' high-quality information about the course of the adaptation period at class meetings, ongoing communication of current difficulties and uncertainties in communication between parents and teachers. Another important factor is the presence of the parent in the classroom for a period that is individual for each child. Finally, it was found that educators support the development of an adaptation plan, which would help parents and educators communicate in the adaptation process.

KEYWORDS

Adaptation, adaptation period, preschool education, socialization, child's psychosocial needs, case study