

My Bachelor's written work is about history of medicine from prehistoric ages to the end of Antique period, further about medicine which was done from herbs and used in Ancient med, their force in nowadays folk and complementary medicine. A force of then men of worth and schools of med, especially Hippocrates and his scholars, Galen and Dioscuridos, of nowadays orthodoxy and alternative medicine is clear. The second part of my work is consisted of audit of some generally known herbs potions which is used in folk medicine in Ancient time and nowadays. The work deals with problem of nutrition briefly, diets during illness and sleep cure in the temples of Gods – healers.