

Abstract

Title: Canicross – running with dog

Objectives: The aim of the bachelor thesis is explaining the concept of canicross and its related pulling disciplines. At the same time, the work is focused on basic terms from this area to bring this current and modern sport closer to the wider public and to help them better orient themselves in this sports industry.

Methods: The method of the work is primarily a literary search including a search for suitable sources from Czech and foreign literature, professional articles, relevant electronic sources and accompanying materials on the given topic and areas closely related to it. The method based on theoretical foundations is combined with the practical application of knowledge in canicross training. The thesis is written based on literary and practical research.

Results: The text contains all basic information about the sport activity with a dog, canicross, its origin and history. The work also includes a description of the rules of the associated disciplines of running with the dog and including the children's category. The work describes in detail how to proceed with the first training sessions for a puppy and an adult dog, considering its maturity or breed suitability. Finally, the text covers the care of a dog and a runner. The summary theoretical basis of the work draws conclusions included to discussion, which argues about the professionalization for his sport and the gradual summer modification, runner's responsibility for choosing the dog and sufficient care for the dog and the runner.

Conclusion: The bachelor's thesis provides an insight into the sporting world of pulling disciplines and is primarily intended for all running enthusiasts who want to create a tandem bond between master and dog, but at the same time it is also for those who do not have much knowledge about canicross. Of course, the condition is love for dogs, responsibility for them and a relationship with physical activity.

Keywords: sports activity with a dog, tandem, mushing, races, new discipline