

Abstract

Title: Sport as a pedagogical tool

Objectives: The aim of the bachelor thesis is to identify and describe, based on available literature and on interviews with coaches and educators, how sport can be used as a pedagogic tool in practice.

Methods: The theoretical part contains an analysis of the literature on the pedagogic impact of sport. On the basis of this analysis, three organisations were selected (Ambassadors FC Praha, Scout, Sokol). These organizations were chosen because their goal is personal formation through sport; moreover I have personal experience with these organizations. For these organisations, an analysis of materials (websites, magazines, methodologies) was carried out in order to identify their values, goals, and pedagogic emphases. In addition, I assessed various psychological and pedagogic studies identifying thus the areas that are most easily influenced through sport.

The practical part identifies, through semi-structured interviews with one coach from each selected organisation, what their pedagogic activities look like in practice. In these interviews I inquire about three thematic areas: the values and goals of the organization, the use of sport as a pedagogical tool, and the demands on coaches and their further formation and training. The respondents' statements are then compared with the findings obtained in the theoretical part of the thesis.

Results: The theoretical part summarizes the goals and values of each organization and provides an analysis of their methodologies and journals related to their formational aims. When compared with the results of the empirical part, it becomes clear that in practice sport is used in many ways for pedagogic purposes. For the Ambassadors Football Club, the correct moral and value setting of the coach is crucial, who morally forms his team through his example and moral behaviour. In the Sokol Club the emphasis is on cultural formation through the visiting of different cities during away matches. The Scout Club uses sport to promote independence and a sense of responsibility in its members.

Keywords: personality formation, education, values, free time, sports clubs, schooling