

## ABSTRACT

**Name:** Didactic values of modifying football forms

**The aim of the thesis:** To compare domestic and foreign experience of different modifying football forms, to show pedagogic and didactic views of the game importance as a mean of learning to the games skills. Afterwards to measure physical load of chosen players at the age group U-10, U-11 during the games in the game formation 8 against 8 and 11 against 11. Finally to compare chosen quantitative and qualitative parameters based on the videorecording.

**Methodology:** We have used a comparative method for the comparison of the chosen football forms. We have gained certain quantitative and qualitative data ( in the sence of individual games skills, cohesiveness and participation) in the game formation 8 against 8 on the ½ of the playground and 11 against 11 on the standard playground. Using an indirect observation we have analysed pre-determined parameters (time-frequency analysis) in both games based on the videorecording. Using IT we have evaluated the differences in the physical load of the players which we have measured in the both football forms.

**Results:** They compare in the quantitative and qualitative way the above mentioned modifying forms and the physical load during both games. They can provide trend indicia, which could be used to improve the quality of the children training in the pupilage and they could become a basic material used for the creation of a new game concept for youth.

**Key words:** children training, pupilage, modifying forms, time-frequency analysis, physical load, intermittent load.