ABSTRACT:

Readiness for parenting and related sexual life of individuals with mental disabilities is a very often discussed topic in the current time of inclusion. In my work I focused on the readiness of adolescents with mental disabilities for sexual life. I looked on this topic from the point of view of readiness of under-aged individuals with disabilities in accordance with sexual education. In my bachelor theses I examined the level of awareness of adolescents with mental disabilities about reproductive health. I followed what insights have individuals with mental disabilities about sexual education and the awareness about sexuality among adolescents. In the practical part then on the basis of the conducted questionnaire survey BP examines the readiness of individuals with mental disabilities for sex life and parenting.

KEYWORDS:

Parenting, pregnancy, puberty, mental disability, sexuality, sex education, reproductive health, prevention.