## ABSTRACT

Through my work, I offer an insight into the lives of people with physical disabilities who depend on the help of another person. I reflect on their opportunities to live autonomously and what role care allowance plays in this. The Czech Republic has ratified the UN Convention on the Rights of Persons with Disabilities, which includes, among other things, the right to independent living. Through the stories of three people with physical disabilities, I show how this right can be fulfilled with the current system settings of the care allowance. How they can become independent of their parents. What other influences and actor-networks shape their reality and to what extent their life is autonomous in this reality. The care allowance is part of the Social Services Act, which itself greatly accentuates the individual approach. However, the care allowance does not reflect much on the individual needs of people reliant on the help of another person. In addition to this allowance, I also look at other actor-network - family relationships, technologies or accessibility of the environment. I explore how they interact with each other and how strong a role the care allowance plays in this interconnected network. If the current form of the allowance affects family relationships. Through critical social work, I try to outline the nessery changes so that people dependent on care fulfil the rights that the Czech Republic has committed to uphold. I try to prove that personal assistance is the fundamental basis for the application of all other human rights.

Key word: People with physical disabilities, Care allowance, Personal assistance, Care, Autonomy, Actor-network