

Abstract

Title: Competence profile of a snowboarding coach

Objectives: The goal of this bachelor's thesis is to create a competency profile of a snowboarding coach based on data obtained by electronic questioning of athletes, their coaches, parents, and data drawn from the answers of a semi-structured interview with a professional snowboarder.

Methods: Two methods were used for the data collection - an electronic survey and a semi-structured interview. The survey was aimed at three research groups (athletes older than 15 years, coaches, and parents of athletes) and included questions to assess 40 competencies. The semi-structured interview took place online, and the respondent was a professional athlete from the Red Bull international team.

Results: The competence profile of a snowboarding coach as the result of this bachelor's thesis is suitable for all age categories interviewed. The profile includes the competencies the respondents rated from very important to most important. There are 15 of these competencies in total. Namely 7 abilities and skills (the ability to explain the correct execution, the ability to identify mistakes made, the ability to motivate others, the ability to communicate, the art of dealing with people, the ability to ride a snowboard, and the ability to organize activities), 5 knowledge (knowledge of the rules, knowledge of terminology, knowledge of health science and first aid, driver's license and knowledge of foreign languages) and 3 character attributes (responsibility, patience, honesty). Furthermore, the profile is enriched with character traits and attitudes of the coaches, which interviewees find beneficial.

Keywords: sport, performance, training unit, influencing, personality