

## **Abstract**

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The goal of bachelor's thesis is to describe menstrual aids which are available in the market now. In the thesis there are given basic informations of the menstruation, menstrual disorders, development of menstrual aids, toxic shock syndrome and feminine hygiene.

A quantitative observational study was carried out to preferences in menstrual aids and factors affecting their choices. It finds out If the girls are aware of the toxic shock syndrome. The participants are girls and women which menstruate.