

ABSTRACT

The diploma thesis deals with the correspondences and differences between inline skating and ice skating. In the theoretical part I introduce both types of skating. I describe the classification of these sports, basic equipment, safety, and the methodology of both skating types. In the theoretical part there is also a chapter on the suitability of skating in relation to the age of the child.

In the practical part I verify a unified methodical series that I designed for both types of skating. The main aim of the thesis is to compare the practice of inline skating and ice skating techniques from the point of view of their correspondences and differences. The partial objectives are to find out whether it is possible to transfer the acquired skills from one type of skating to the other, to find out whether it is possible to design a unified methodology for the acceleration of mastering the basic requirements. Furthermore, to investigate the influence of ice skating and inline skating teaching methodologies on the level of skill when switching to the second skating technique.

The following methods are used in the thesis: the observation method, experimental method, assessment scale and arithmetic mean. The results of the thesis show that both types of skating are very similar, so one type of skating can serve as a preparation for the other type and vice versa. The thesis also confirms that it is possible to design a unified methodical series for both types of skating.