

# **Abstract**

The bachelor's thesis is focused on the use of fascial techniques in COPD therapy by physiotherapists and on determining their effectiveness. It is divided into a theoretical and a practical part. The first of them deals with the characteristics of COPD as a disease and the role of fascia in its pathophysiology, also fascia and techniques of influencing them. At the beginning of the practical part, the goals of this work, hypotheses, material and methodology are stated. Furthermore, a questionnaire with the results of the research investigation is presented. At the end of the work and in discussion, an analysis of the research results and their comparison with the stated hypotheses is presented.

**Key words:** chronic obstructive pulmonary disease, COPD therapy, fascia, fascial techniques