

ABSTRACT:

TITLE

Preparation issues of teen-agers between the ages of 16 – 18 years

GOAL OF THE WORK

The goals of my work were to outline the training model in the Czech Republic, monitoring of players complex effort of FC Victoria Pilsen, next the detection of negatives in game activities in matches and suggestion the training steps to removing realized negatives.

METHODS

Research was realized by direct and indirect observation methods, mainly using DVD records of teenagers 1st match. There were used qualitative and quantitative analyses of game activities.

RESULTS

Analysis should reveal some new facts. Results should define requirements for improvement of technical and tactical maturity of individual in activities.

KEY WORDS

Game effort, qualitative and quantitative analysis, errors solution