

## **Abstract**

This thesis focuses on coping mechanisms of clients of young offenders' institutions or detention centres for adolescents aged 15 – 18 in Czech Republic, locally known as výchovné ústavy. In its theoretical part we first go through a swift overview of a few main coping theories, but mainly we focus on connections between coping and selected personality traits and situational factors that are crucial for the clients, such as adolescent age, mental health, socioeconomical and family background and coping in context of the detention facility. Also, we explain the system of minor correction facilities in Czech Republic.

The design of the research proposal is mixed. Firstly, we propose to use coping strategies questionnaire SVF 78 to examine the differences between population of the clients and standards for general Czech population and also between the groups of girls and boys among the clients. Secondly, we formulate questions for qualitative half structured interviews that focus on the coping mechanisms of the clients in a situational context and connecting the coping with a particular stressors that the clients themselves perceive as main in their lives.