

Abstract

The aim of this diploma thesis is to assess the impact of a coronavirus pandemic on the mental state of the swimmers who could not attend regular trainings. At the same time, it finds out how the individuals cope with this situation and how they compensate the missing swimming trainings. In this work, there is also explored if there is the difference between girls and boys. For the practical part, there was chosen a questionnaire method. The questionnaires were given to swimming teams, especially to the swimmers. The collected data was evaluated according the individual categories and then the conclusions were made. This diploma thesis could be useful for the swimmers who cannot visit swimming pools but they can continue in their sports training. It found out a lot of new knowledge during the elaboration of the work and it also confirmed findings from the own practice.

Key words:

swimming, Covid 19, older school age, emotions