

Abstract

This bachelor's thesis aims to provide a Czech translation of two selected chapters (*Introduction* and *Understanding Mental Health*) from the digital edition of Daniel Howell's book *You Will Get Through This Night* (Dey Street Books, 2021), which deals with mental health. The second part of this thesis consists of an accompanying annotation, which includes an analysis of the source text, establishes the translation method, and covers the different types of translation problems and shifts that had occurred.

Key words: Daniel Howell, coming out, homosexuality, depression, mental health