

The doctoral dissertation contains of a definition of spiritual emergency, differential diagnosis, description of kinds of spiritual emergency. It looks on the therapeutical possibilities in working with these states. Part of the dissertation is analysis of semistructured interviews with clients and therapists who work with these kinds of problems.

In the analysis of the interviews with therapists I center on their experience with the dynamics of spiritual emergence, its manifestation and possible existence of similar traits of clients with this diagnosis. Important parts of the interviews are the most effective ways of working with these clients. I was also interested in their own perception on how spiritual emergence occurs and on the possible change in the quality of life of the client after this episode.

In the analysis of the interviews with the clients I question when spiritual emergence occurred, how it started, how long did it last and what were the reactions from outside. Important part is centered on the interventions which the client experienced and their efficiency.

Case studies demonstrate typical traits described at spiritual emergency, as quite dramatic beginning, complete recovery and also an important change in value system.