

## **Abstract:**

The aim of the thesis is to analyse the possibilities of mental health support for employees during the COVID-19 pandemic in the Czech Republic. The thesis deals with the relation between mental health and work, especially in terms of psychosocial risks, which arise from working conditions or the character of work. In these terms, the impact of the COVID-19 pandemic on working life and mental health in the Czech Republic is explained. The thesis focuses on the group of white-collar workers i.e., administrative, professional, or managerial workers, who were working mainly from home office during the COVID-19 pandemic. The thesis presents options of the mental health support for employees and ways of managing the psychosocial risks of work. Related legislative and strategic frameworks of the Czech Republic and international organizations are introduced, as well as actions or programmes of mental health support for employees in organizations. The thesis includes empirical research that aims to analyse the mental health support provided to employees during the COVID-19 pandemic in selected organisations. The research focuses on a group of white-collar workers in large organisations based in Prague.

## **Key words:**

mental health, safety at work and health protection, employee care, psychosocial risks, pandemic, COVID-19, well-being, white-collar