

Abstract

Title: Possibilities of movement predispositions in preschool children

Objectives: The aim of the work is to compare the kindergartens on the basis of the information obtained from the respondent of the selected kindergartens, to select the one that has the best prerequisites for the physical development of children and to develop a suitable programme within the framework of the evaluation.

Methods: Direct questioning was used as the method and the responses were entered into a record sheet and then processed. The interview took place in the environment of selected Prague kindergartens.

Results: The results of the work showed that the biggest problems were the size of the premises, the low number of hours of physical activities and the small number of teachers present during the activities. The creativity of the educators proved to be quite extensive. The content of their lessons is quite broad.

Keywords: kindergarten, movement, development, preschool, motor skills, abilities, skills