

ABSTRACT

The diploma thesis focuses on a design of an annual teaching plan for a musical and dancing afterschool program for elementary school students. The aim of the thesis is to present a dance style called "clogging" (American country step) and to present a methodology for teaching its basics, in which emphasis will be placed not only on getting acquainted with elements of this style, but also on the musical development of pupils. The diploma thesis was intended as a possible inspiration for the leaders of dance clubs who aim to teach their pupils not only to dance but to perceive the music sensibly and to work with it as well. It also could serve as an inspiration for music teachers who would like to make their classes special or devote themselves to leading a musical and dancing afterschool program with an unusual focus. The theoretical part presents the development of children of younger school age, music and movement education and familiarization with the history and basics of clogging technique. The practical part presents the teaching plan of the musical and dancing afterschool program, which consists of a description of eighteen lessons that contain an offer of music and movement activities for one term and include the use of clogging elements.