

Abstract

Title: Ski courses at secondary schools in the Central Bohemia region

Objectives: The goal of this bachelor thesis is to map ski courses at secondary schools in the Central Bohemian region, and determine the interest of secondary school students in these courses.

Methods: The fundamental research method used was a questionnaire conducted in an online form. The questionnaire was composed of closed and semi-open questions. 132 students of secondary schools in the Central Bohemian region (aged 15-19) across all school years participated in the research.

Results: Based on the results of the questionnaire research, secondary schools in the Central Bohemian regions still organize ski courses for their students, despite decreasing participation of students in these courses. Based on collected data, the organization of ski courses has also been impacted by the Covid-19 pandemic. The most frequent motivation of students to participate in these courses was time spent together with classmates in a mountain environment. A large majority of students that have participated in ski courses were satisfied with the organization and skiing education.

Keywords: ski courses, secondary school, skiing, adolescence