

Abstract

Title: Quantification of passing and releasing actions with and without the puck in small area games in ice hockey for the 4th grade category

Objectives: In practice, use small area games for the 4th grade category that will focus on the development of pass processing and player release with and without the puck and then quantify these individual game activities.

Methods: Creation of small-area games using the method of searching literature and electronic resources. Applying these games in practice and using the method of observation. Taking video recordings of games on ice and then analysing the individual's game skills passing, controlling a pass, breaking with puck and breaking to opening using quantitative analysis.

Results: The result of the work is the quantification of individual game activities for 10 selected games in a small space. Each game is independently evaluated, ranked on a subjective difficulty scale, and insights from practice are added. The highest number of passes took place during the game "Bago", while the lowest number of passes took place during the game "One-goal game with a pass to the coach". In my opinion, the most complex and one of the most difficult games was the game "2 on 2 on a split field" where all the observed game activities of an individual appear in a relatively high number and at the same time the game includes a number of faceoffs and offensive and defensive activities. The game "Handball on ice" was also difficult, especially in terms of coordination of movements, as it is played with a ball and is thus different from other games.

Conclusion: All the games included in this thesis fulfilled their practical purpose. I am convinced that all the tasks and objectives set out in the thesis have been met. From a practical point of view, I find a great advantage in games that actively involve the coach, who can thus influence how the game will proceed and involve less skilful individuals in the game, by his passes and actions directly during the game.

Key words: ice hockey, individual skills, small-area games