

## **Abstract**

**Title of the bachelor thesis:** Students and their relations to alcoholic beverages at FPES CU

**Goals:** The main goal of my thesis was to discover relations between students of FPES CU (Faculty of Physical Education and Sport at Charles University Prague) and alcoholic beverages. Secondary goal is to summarize and evaluate risks of consumption of alcoholic beverages based on professional literature on the theme of alcoholic beverages and its impact on the physical and mental state of an individual person.

**Methods:** The raw data were collected by method of non-invasive online survey. In the research 120 of UK FTVS students were attended across specializations and years of studies, regardless of gender.

**Results:** Based on an online survey, it was found that almost a half of respondents (49 %) have a positive relationship with alcoholic beverages and 47 % of them see their relationship as neutral. The most popular beverage is beer, mixed drinks and cocktails ended up as a second favourite with one third of responses. About a half of answerers claim they consume alcohol occasionally. Bigger third drinks at least once a week. Social events are the main reason for consumption of alcoholic beverages for 47 % of respondents. More than 90 % consume in a party or group, not alone.

**Keywords:** Addiction, Alcoholic Beverages, Addictive Substances, Sports