

Abstract

Title: Comparison of the frequency of individual game activities with the rule allowing one-stroke and multi-stroke dribble in minihandball matches

Objectives: The main objective of this paper is to determine which type of dribbling, single-strike dribbling or multi-strike dribbling is more effective for the game of minihandball.

Methods: For the preparation of the bachelor thesis, a handball tournament was organized for three Prague handball teams of mini pupils. Within the framework of the conducted tournament, the game activities of the individual and the dribbling methods were observed. The indirect observation method was used to obtain data from video recordings taken during the tournament, which were subsequently processed in Microsoft Excel.

Results: From the records obtained, it can be concluded that dribbling does not have a significant effect on the game of mini-betting. Both types of dribbling bring some positives and negatives to the game.

Keywords: handball, minihandball, individual game activity, dribble, frequency