Abstract

The first aid education is an effective way how to emphasize the importance of the first aid among wide society. School children are enthusiastic to gain new knowledge, have good learning dispositions and high rate of retention of gained knowledge. This makes them the best target group how to nurture population which will be educated and trained in the first aid. In those countries, where the first aid education is a mandatory part of school curricula, survival rates of sudden cardiac arrest increase significantly. The scope of this bachelor thesis is to gather information from expert studies and to create a literature review of the factors influencing the approach and motivation of primary and secondary school pupils to learn first aid. The thesis focus particularly on factors influencing approach of school children to the first aid education and which expert learning methods could be the most appropriate if we consider age specifics of children. An important part of this thesis is a summary of gathered knowledge about how to improve effectiveness of the first aid education at elementary and secondary schools (ie. whether lessons led by teachers or experts are more effective way).