

Abstract

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Title: Risks factors which influence smoking of healthcare workers

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Number og pages: 91

Year of defense: 2022

Keywords: smoking, addiction, risky behavior, healthcare workers, factors of risky behavior

This bachelors thesis is focused on smoking of healthcare workers. It takes as a fact that this group is more endangered by tobacco addiction. Theoretical parts is focused on area of an addiction and smoking. It describes diagnostics of smoking, forms of usage of nicotine and makes clearer health issues connected to smoking. It contains static and epidemiologic data in the World, Czech Republic and selected group of smoker numbers. There are also mentioned possibilities of treatment and chapter about a role of a nurse in tobbaoco addiction treatment.

Research was based on a questionnaire. Questions were aimed at an influence of subjects surroundings and demographics variables in connection to smoking ofhealth care workers. Following were respecting known risks connected to smoking. Questionary was besides else selected to check subject's motivation to quit smoking and finding possibilities to treat nicotine addiction. Data was compared with previous researches and based on the result recommendations for the treatment were made.