

## **Abstract**

The bachelor thesis "Women in strength sports" deals with a qualitative analysis of self-concept of women participating in strength sports, weightlifting and CrossFit. Using semi-structured interviews and based on the accounts of these women's experiences, a self-image of women in strength sports was created. The aim was to explore the experiences of women in strength sports and how they perceive themselves. Through their personal experiences, the thesis seeks to identify factors that may influence their perceptions. The analysis also focuses on the normative perceptions of women in strength sports. Attention is also given to media representation and equality in strength sports competitions.