

This thesis attempts to describe the area of Leisure Education. It is based on the works of specialists from different fields (education, sociology, etc.) and supplemented by some views and ideas of the author. Leisure Education makes an important part of Adult Education. People who participate in this kind of education spend their leisure time in a valuable and interesting way. Leisure Education brings along personal satisfaction and the feeling of self-fulfilment that are not always achieved at work. Different interests can also help an individual to endure unfavourable periods (e.g. unemployment, retirement, illness) of life. This thesis is trying to deal with the most important aspects of Leisure Education, especially: the terminology used in this area (including English equivalents); kinds, functions, goals, forms and methods of Leisure Education; present circumstances in the Czech Republic and the area of leisure time. The area of Mass Media is also closely associated with Leisure Education and therefore deserves a special attention.