

ABSTRACT

The bachelor's thesis deals with the knowledge of lower secondary students of a selected school about dental hygiene. The theoretical part is focused mainly on the prevention of dental caries and dental aids. There is also described the anatomy of the oral cavity, the morphology of the teeth, the structure of the teeth, the structure of the teeth as a whole and the most common diseases caused by insufficient or incorrectly performed oral hygiene. The practical part is mediated by a questionnaire survey, which took place in the 9th grade of primary school in Havlíčkův Brod. The aim was to find out what knowledge the students have about dental hygiene, dental aids and teeth in relation to the subjects of health education and natural history. The second partial goal was to find out what is their most common source of information about dental hygiene.

The results of the questionnaire survey showed that the pupils of this school have a satisfactory knowledge of dental hygiene, but the anatomical knowledge about the teeth and the problems caused by the insufficient hygiene of the oral cavity is less satisfactory. It was found that pupils most often obtain information from parents, dentists or dental hygienists. On the contrary, they get the least information from advertisements and influencers. At least a third of the primary school leavers would like to learn more about dental hygiene at school. Both within the taught subjects and in the form of a lecture by an external expert on this topic.

KEYWORDS

dental hygiene, dental aids, lower secondary school, prevention of dental caries, tooth, dental caries