ABSTRACT

The content of the diploma thesis is the topic of infectious respiratory diseases with a focus on the knowledge of visitors to the selected pharmacy in this area. The theoretical part of the diploma was focused on gathering the necessary knowledge that was related to the researched issues using the literature and electronic resources. The theoretical part of the thesis provides a brief description of health literacy, infection and selected terminology, anatomy of the human respiratory system, there are also described manifestations of selected infectious respiratory diseases, their clinical picture, disease course, treatment options, vaccination and prevention. In the practical part, the results of the research survey, evaluation of predetermined goals, comparison of the findings and recommendations for practice based on the findings are recorded. The introduction of the practical part describes the place where the investigation took place using the method of individual interviews with visitors to the selected pharmacy. The aim of the diploma thesis was to evaluate the health literacy of visitors to a selected pharmacy in the field of infectious respiratory diseases. The results of our own survey show that visitors to the selected pharmacy are health literate in the field of infectious respiratory diseases. Respondents answered 9 questions. For each correct answer they got 1 point and in total they could get a maximum of 9 points. A total of 24 visitors to the selected pharmacy received 9–8 points, which correspond to excellent health literacy according to a predetermined scoring scale, and one visitor received 7 points, which correspond to very good health literacy. Specifically, 8 respondents scored 9 points, 16 respondents scored 8 points, 1 respondent scored 7 points. The results are evaluated in detail in the research part of the work and are processed into tables for easier orientation. Based on the information obtained, a lecture on the topic was organized for visitors to the selected pharmacy and information leaflets on over-the-counter influenza medication were created.

KEYWORDS

Health literacy, infectious diseases, respiratory diseases, influenza, treatment, prevention