Diabetes mellitus type 2 is a disease occurring mostly over the age of 40 years.

In recent years, however, increasingly more often in younger populations, often even adolescents and children. The team is also related to the increasing prevalence of pregnant women diagnosed with

pregestačným type 2 diabetes . Material fact is worsening of pregnancies among these women. The incidence of congenital malformations is 2 - 3 times higher than the normal population . prevalence of sudden

intrauterine death is approximately four times higher . Perinatal mortality is comparable in both types of diabetes (2.6% of type 1 diabetes vs.3 , 7 % for type 2 diabetes ) but causes leading to fetal death are different. In Type 1 diabetes is the leading cause of perinatal mortality severe malformation of the fetus and complications related to prematurity . In type 2 diabetes dominated by sudden intrauterine fetal death . From these facts shows how important it is to you earliest detection of the disease , the importance of preconception care with emphasis on planning Parenting and provide adequate prenatal care.