The theme of my work is self-destructive behavior in children and adolescents. Fascinating and frightening manifestation of human aggression, the object its violence is an individual himself. It is a phenomenon with a wide expressions that can be found both in different categories of mental disorders, as well as in the form of socially tolerated. Sometimes it is difficult to find the boundary between autodestruktivním pathological behavior and the fact that the cultural and religious character. This work focuses on abnormal manifestations autodestruktivního behavior. There are a number of approaches, which is we can seize. Some take into account the motivation level of other physical damage or method of execution. The autodestruktivitu can also be seen positions from different disciplines. Not only psychiatry, but also philosophy, sociology and especially psychology provides us with tools for deeper understanding.