

In this work I have been focusing on the educational use of textbooks, especially natural history textbooks, for sex education by the teachers of selected schools. First, I conducted a theoretical introduction to the issue of textbooks and teaching sex education. Then my interviews with teachers examined how sex education is taught and whether the teachers use their textbooks as teaching aid. I have thoroughly analysed these interviews, from which I then draw my conclusions: how textbooks are used as a teaching aid and the impact of the quality of textbooks on their use. Furthermore, I conducted my subjective evaluation of the textbooks that teachers said they use. I compared this review to the evaluation of teachers, so I could carry out a discussion of these views. As the result of my work I find that some of the teachers participating in my research use the textbook as teaching aid, some not. Their decision is not affected by the quality of the topic in the textbooks. Of much greater importance is the form of sex education the teacher chooses and how the topic is being explained.