

## **ABSTRACT**

The thesis deals with daseinsanalysis as a psychotherapeutic direction, which is based (among other things) on philosophy. The topic is approached in the sense of caring of the soul, which has appeared in the European tradition since Plato, and it was the overlap of philosophy into psychology, that gave rise to daseinsanalysis. This thesis focuses on the interconnection of psychology and philosophy. Based on the studied literature, the work contains the basis of daseinsanalysis from phenomenology, philosophy of Martin Heidegger and psychoanalysis. The thesis deals with the reflection of the origin of daseinsanalysis in work of Ludwig Binswanger and Medard Boss, the founders of daseinsanalysis. The work of Ludwig Binswanger discusses the concept of freedom, love and other topics that have been taken over and persisted in daseinsanalysis. This thesis is also about Medard Boss's relationship with Martin Heidegger and his interpretation of dreams, which he focused on. Furthermore, the thesis sets out the main principles of daseinsanalysis, which have developed over the years and link them to their foundations. The main principles include being able to work with existentials, work with freedom and respect for listening and receiving. All these form a mutual relationship between the patient and the therapist. Last but not least, it points out the shortcomings and advantages of this direction and the opportunities it brings to the therapy between the therapist and the client in the process. Daseinsanalysis is a direction that places high demands on the therapist, and it can be limiting (or not leading anywhere) for its further development and application. Nevertheless, it is a direction that is interesting and may offer a different approach to working for a psychotherapist.

## **KEYWORDS**

Heidegger, daseinsanalysis, psychoanalysis, phenomenology, Boss, Binswanger