

## **Abstract**

This bachelor thesis deals with the use of selected addictive substances and their effect on the human body.

The work describes the factors that influence the emergence of addictive behavior and specifies how addiction syndrome and withdrawal syndrome develop in humans. It also provides an overview of the increase in the use of addictive substances from the outset to the present. The work mainly deals with the characteristics of selected drugs divided according to the legality of use and their effect on the human body. Last but not least, it discusses the possibilities of preventing the development of addiction to addictive substances, i.e. the prevention.

The research part aims to find out what knowledge students of the Faculty of Education of Charles University have about the effects of selected addictive substances on the human body. The questionnaire, which was used for this purpose, shows that students have only average knowledge in this area and therefore do not have a very good overview of what addictive substances cause to the human body, which may present a risk for them. The accuracy of the answers from all research questions reached only 61 %, which is not a satisfactory result.

The result of the research could help educators create a plan to deepen student's knowledge and thus increase awareness of all the risks associated with addictive substance use.

All of my defined aims and explanatory questions were reached.