The thesis is written in the field of labor law. Content is the dismantling of the individual provisions of the existing legislation relating to the scheduling of working hours laid down in the Act no. 262/2006 Coll., The Labour Code, as amended, and other related regulations of the Czech legal order. The work is divided into ten chapters, which focus on individual provisions relating to the regulation of working hours and provisions linked.

Work includes historical development of legal regulation of working time, the definition of working time, analyzing provisions relating to individual species scheduling of working hours, breaks and rest periods, overtime, night work and availability. Further, a working time under specific working conditions for employees caring for a child or another individual, especially the attitude of employers towards complying workers' requests for shorter working hours. In the second half discusses the regulation of working time of employees working on the basis of agreements on work performed outside employment, employees are governed by special regulations, employees working offsite or overseas employers and posted workers. The last chapter deals with records of working hours.