

## **ABSTRACT**

The bachelor's thesis focuses on the experience of study stress in university students of engineering and psychology during the COVID-19 pandemic. The theoretical part first deals with the issue of stress - its definition, types, manifestations, stressors and the experience of stress and emotions in students in connection with university studies. The second part of the theoretical work is devoted to general information about the pandemic as an emergency crisis situation in the Czech Republic in the spring of 2020 and the possible psychosocial consequences associated with quarantine and isolation. The research of the empirical part is focused on the differences in the experience of stress from university studies during the pandemic between two different groups - students of psychology and engineering. The design of the research method is mixed. The quantitative research examines hypotheses through data obtained from questionnaires with answers recorded on a Likert scale. The data is evaluated in the STATISTICA 13 program. The qualitative research seeks answers to research questions by evaluating semi-structured interviews with three representatives from each study group. The results are finally compared and interpreted in the discussion.

## **KEYWORDS**

stress, stress at college, college students, students and stress, students and emotions, pandemic, COVID-19, quarantine