

Abstract

This bachelor's thesis deals with the topic of psychological counseling for university students. The aim of this thesis is to examine the state of psychological counseling services at Charles University. The main research areas are quality, awareness and accessibility. Emphasis is placed on how specific students perceive the quality and availability of psychological counseling services at Charles University. The partial goal is to at least superficially map the system of psychological counseling at Charles University. The theoretical part contains the description of the network of psychological counseling centers. This section further describes the age periods in which students are located. The next part contains a list and characteristics of psychological problems with which students go to counseling centers most often. The practical part is based on a questionnaire and semi-structured interviews. The questionnaire was sent out via social networks and was intended for all current and past students of Charles University. It was used to obtain respondents who had experience with psychological counseling at Charles University. An interview was then conducted with them. The analysis of the data obtained in this way reveals obstacles that prevent students from accessing psychological counseling.

Key words

Psychological counseling, student, Charles University, psychological problems, study problems