

ABSTRACT

The bachelor thesis deals with the phenomenon of The Highly Sensitive People. It focuses on the characteristics of The Highly Sensitive individuals and how the trait manifests itself in different areas of life such as experience, perception, thinking, in the environment of social interaction, etc. The task of the bachelor's thesis is to outline the perspective of The Highly Sensitive People with this feature and provide relevant information related to the phenomenon. The theoretical part of the work is devoted to the description of the sensory processing sensitivity and describes the historical development of the concept and the development of a test tool. Furthermore, the theoretical part deals with the characteristics of The Highly Sensitive individuals. It describes the manifestation of the feature in the field of mental health and in the field of social interaction and explains the D.O.E.S model associating the basic characteristics of the feature. The research part describes the research objectives, established research questions and methodologies. Subsequently, the results of the analysis are presented. Furthermore, the research questions are answered and other research findings are described. Finally, a discussion and conclusion follow.

KEYWORDS

The Highly Sensitive People, sensory processing sensitivity, deeper cognitive processing of external and internal stimuli