

Annotation

This dissertation is concerned to the education of the diabetics about the origin of possible complications that appear in relation with diabetes mellitus. Theoretic passage is oriented to the education which is a necessary component of treatment, to its importance, to goals, phases, form, means of the education, organisation and contents. This passage also approximates the issues of diabetes mellitus complications, such as classification, causation, pathogenesis, clinical picture and therapy of particular complications.

The core of this work has been created from a quantitative survey about the knowledge of diabetes mellitus complications, and was made from the diabetics and the common nurses at Regional Náchod Hospital in Broumov. The resultant knowledge should be similar due to educational activities of the nurses. The outcome of this work is a suggestion of the educational plan for diabetics which is oriented to prevention from emergence of diabetic foot.