

Abstract

This thesis deals with leisure activities that have an impact on leisure and quality of life of persons with severe mental disabilities. The work is divided into theoretical and practical part. The theoretical part focuses on the characteristics of people with intellectual disabilities, their social integration, the concept of quality of life and leisure activities for the full use of their free time.

The practical part is devoted to leisure activities that are provided to clients with severe mental disabilities in Liberec DH. In this part the processing of his observations in the context of the research. In conclusion evaluates the fulfillment of the objectives of this thesis.