

Abstract

The Title:

Swimming education of handicaped people

The Objectives:

The objective is to propose and verify the conception of integration for people, who are insufficiently motoric disposed, suffer from specific development disturbance of learning, suffer from ADHD (Attention Deficit Hyperaktivity Disorder) syndrome or coordination disturbance of younger school age, for ordinary basic swimming education.

The Method:

The nature of my work allows me to use an analysis of technical literature, method of testing, method of observance, method of interview, synthesis of practical and also theoretical knowledge, which I have gained during my working experience with children.

The Results:

The results show the possible ways how to integrate children with the diagnose of the specific development disturbance of learning, with ADHD (Attention Deficit Hyperaktivity Disorder) syndrome or with the children who suffer from the development disturbance of coordination in younger school age into the ordinary basic education. Also the results record the adopt methods of basic swimming skills.

Key words:

Movement skills, movement abilities, movement indisposition, integration, specific disturbance of learning, ADHD (Attention Deficit Hyperaktivity Disorder) syndrome, development disturbance of coordination, didactics of swimming, basic swimming skills, swimming locomotion.