

The purpose of my thesis is to map coordinating abilities which are essential for soccer goalkeeper, describe specific exercise leading to develop those abilities and transform them to scholastic physical training. The idea is also to setup a complex of training units which are used to develop mentioned abilities and examine them in praxis. The result of my thesis is finding that special exercises used by soccer goalkeepers to develop the coordinating abilities are in certain modifications suitable even for scholastic physical training where it can prevent accidents and injuries.