

Thesis „Family Care for Seniors“ deals with the issue of family home help for seniors. It concerns mainly primary home caregivers who take care for their parents/partners, eventually organize this care. These primary caregivers mostly decided on caring at home (not in an institution) for senior. The work discovers decision-making processes that anticipate care-giving. It also deals with beginnings of home caring and with reasons and causes for home help. It also includes analysis of problems which caregivers have to face and recommendations for easing their situation. Also for the purpose of comparison, a small part of the thesis is dedicated to relatives who look after seniors who are taken care of by institutions mostly. Basically, the work is a report from a research which was conducted in two phases: in the first, analytical phase, data were collected with the use of standardized questionnaires from 800 Czech households; in the second phase in-depth interviews with primary caregivers and in the third phase in-depths interviews with “institutional family caregivers” were used to collect data. In the introduction you can find definitions and analysis of main concepts concerned with home help issue, theoretical analysis of the issue (from sociological, social-psychological and demographical point of view) and a part which is dedicated to practical information about home-help and institutional senior care in The Czech Republic. This introductory part is followed by a passage that concerns the research itself and data analysis. The thesis is concluded with main findings and deductions based on the research, with recommendations for improving the situation of caregivers and with suggestions for future research.