The opener of this thesis is a pilot long-term study of a family with a handicapped member. The author has followed this family for more than six years. Following chapters of the thesis include descriptions of different experiences of members of this family. In order to understand specific needs of the family the thesis defines basic concepts such as care, help and support. Confusion of these notions causes dissipation of borders between the individual needs of different family members. Next chapter deals with the use of power in different supporting professions, concluding that its application is desirable under certain circumstances. It demonstrates that the possession of power doesn't necessary lead to manipulation of individuals. The last chapter covers the need of humane approach in supportive professions as has been proven in literature. This quality is highly beneficial to the client.