

The diploma thesis deals with women mid-age life experience. The theoretical part covers general information on middle age life period in developmental and personal psychology perspectives. Developmental and mid-age crisis in its specifics are also described. Gender specifics are discussed in women psychology development article as well as in the part about feminist approach to scientific research. Experimental section introduces qualitative research on sample of 25 respondents, aiming to answer the question: How women experience their mid-age life? What do they recognize its specifics? Narrative method was used to interpret gathered data and portrait of recent mid-age woman with her key life issues and identity traits was drawn as a result.